



## School Wellness Policy Action Plan

School Name: **Brooklyn Center Early College Academy**

Date: **June 14, 2018**

| <b>Goal</b><br>What do we want to accomplish?  | <b>Action Steps</b><br>What activities need to happen?   | <b>Timeline</b><br>Start dates            | <b>Measurement</b><br>How is progress measured?   | <b>Lead Person</b>                    | <b>Stakeholders</b><br>Who will be involved and/or impacted? | <b>Complete?</b> |
|--|--|---|---|---------------------------------------|--|------------------|
| <i>Example:</i><br>Food and beverages will not be used as a reward for students.                                 | <ul style="list-style-type: none"> <li>a) Provide teachers with list of non-food reward examples.</li> <li>b) Discuss changes at back-to-school staff training.</li> <li>c) Follow-up mid-year to discuss challenges and determine additional communication needed.</li> </ul> | Before the beginning of next school year. | <ul style="list-style-type: none"> <li>- Verbal check-ins with staff to ensure compliance.</li> <li>- Teacher survey at end of school year.</li> </ul>  | Principal                             | Teachers, staff, students                                    | Yes              |
| 1. Provide Movement, specifically Mindful Movement, opportunities for students regularly through the school day. | <ul style="list-style-type: none"> <li>1a. Provide Mindful Movement training opportunities for all staff to opt-in.</li> <li>1b. Identify possible funding sources for stability balls and/or standing desks for student use.</li> </ul>                                       | Sept./Oct. 2018                           | <ul style="list-style-type: none"> <li>- Record student attendance/time in class.</li> <li>- Teacher survey at conclusion of training.</li> </ul>   | Wellness Team and training consultant | Teachers/staff, students, principal and administration team. |                  |
| 2. Provide mindfulness-appropriate language training for staff to support students needs.                        | 2a. The Mindful Movement training curriculum will include language usage to support accessible student needs.  | Sept./Oct. 2018                           | <ul style="list-style-type: none"> <li>- Verbal check-ins with staff during cohorts.</li> <li>- Student surveys at beginning, middle (Nov., 2018) and end (Jan., 2019) of program participation.</li> </ul> | Training consultant and Wellness Team | Students, teachers/staff, administration team.               |                  |